

# PSALM 139: 1-18

- 1 O LORD, you have searched me and known me!
- 2 You know when I sit down and when I rise up;  
you discern my thoughts from afar.
- 3 You search out my path and my lying down  
and are acquainted with all my ways.
- 4 Even before a word is on my tongue,  
behold, O LORD, you know it altogether.
- 5 You hem me in, behind and before,  
and lay your hand upon me.
- 6 Such knowledge is too wonderful for me;  
it is high; I cannot attain it.
- 7 Where shall I go from your Spirit?  
Or where shall I flee from your presence?
- 8 If I ascend to heaven, you are there!  
If I make my bed in Sheol, you are there!
- 9 If I take the wings of the morning  
and dwell in the uttermost parts of the sea,  
10 even there your hand shall lead me,  
and your right hand shall hold me.

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- 11 If I say, "Surely the darkness shall cover me,  
and the light about me be night,"
- 12 even the darkness is not dark to you;  
the night is bright as the day, for darkness is as light with you.
- 13 For you formed my inward parts;  
you knitted me together in my mother's womb.
- 14 I praise you, for I am fearfully and wonderfully made.  
Wonderful are your works; my soul knows it very well.
- 15 My frame was not hidden from you, when I was being made in  
secret, intricately woven in the depths of the earth.
- 16 Your eyes saw my unformed substance; in your book were  
written, every one of them, the days that were formed for me,  
when as yet there was none of them.
- 17 How precious to me are your thoughts, O God!  
How vast is the sum of them!
- 18 If I would count them, they are more than the sand.  
I awake, and I am still with you.