

## Walnut Apple Salad

Recipe #2

June 2014

### Ingredients:

3 heads any type lettuce, green leaf, red leaf, romaine, etc.

2/3 cups toasted walnuts

1 granny smith apple, sliced

2/3 cups crumbled bleu cheese

### Dressing:

2 Tablespoons minced green onion

2 Tablespoons apple cider vinegar

2 Tablespoons lemon juice

2/3 teaspoon pepper

½ teaspoon salt

½ teaspoon sugar

2/3 cup oil



Wash, tear, and drain lettuce. In small bowl, combine all dressing ingredients and mix well. Immediately prior to serving, add dressing, walnuts, apples, and bleu cheese to lettuce. Toss lightly. You may not need all the dressing...do not overdress!  
Serves 8.