
MISSION AND MEANING

Considering God's call on our life.

Lesson 2: Why Goal Setting Leaves You Empty

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LIFE PURPOSE VERSES

1 KINGS 2:1-4 When David's time to die drew near, he commanded Solomon his son, saying, **2 "I am about to go the way of all the earth. Be strong, and show yourself a man, 3 and keep the charge of the Lord your God, walking in his ways and keeping his statutes, his commandments, his rules, and his testimonies, as it is written in the Law of Moses, that you may prosper in all that you do and wherever you turn, 4 that the Lord may establish his word that he spoke concerning me, saying, 'If your sons pay close attention to their way, to walk before me in faithfulness with all their heart and with all their soul, you shall not lack a man on the throne of Israel.'**

POST- MARATHON ‘BLUES’



“We focus our lives on this one event for 5 months- and then its done”

“Now what?”

Hal Higdon, Marathon- The Ultimate Training Guide

NOTHING WRONG WITH GOALS

Think about **“Achievement”** and **“Success”**

‘Success’ is when you live and conduct your affairs in line with your ultimate call or mission.

‘Achievement’ is the accomplishment of achieving short and long term goals.

WE HAVEN'T EXPLORED “CALLING” YET- SO KNOW THAT YOUR SENSE OF CALLING MAY CHANGE HOW YOU DEFINE SUCCESS AND ACHIEVEMENT

THE MOST IMPORTANT ACCOUNTS OF YOUR LIFE!

MOST IMPORTANT?



The **PLAN** or **MISSION** keeps you on task....

without an **ULTIMATE AIM**, you are likely to be living reactive...less proactive... frequently distracted... doubling back...

Read Ephesians 4.....

“So that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes.”

Ephesians 4:14

ULTIMATE ACCOUNTS.....COUNT!

A Life Plan Process?

Identifying **IMPORTANT** accounts (Spiritual life, spouse, family, health, service, career, charity, dreams, community, finance, development)

Writing Action Steps to fulfill a 'vision' for these accounts

Prioritizing time/goals/decisions in light of ALL the important accounts

Write/ Review/ Adjust/ Share/ Teach your plan

And do this before you wake up one day with regret about chasing fires that leave only a trail of dust.....

PROBING QUESTIONS

Answering questions can reveal a lot about where you are
and give you clues to where you want to go

What are my constant besetting sins?

Who are my significant relationships?

What makes me feel alive?

What are the core reasons for sadness or depression?

What am I ashamed of?

PROBING QUESTIONS

What does I Corinthians 13 look like in my relationships?

How am I doing in the 10 commandments?

Where does the Sermon on the Mount sting me?

What keeps me from sharing my faith more?

Why am I not more excited about Lord's Day worship?

What risk would you take if you knew it would end up OK?

NEXT WEEK

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Considering God's call on our life.

Lesson 3: Depths of Longing and Depression

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